

# The Power of **PRAYER**



## JHC FAMILY PODCAST - RESOURCE - PRAYER

### Equipping the parents & families of JHC


We LOVE to equip you as parents in this journey of discipling our children. To come along side what you are already doing, and help provide practical resources, and ideas. Join us monthly as we bring topics relevant to the families of JHC.

Visit [www.hopetoyou.com/kids](http://www.hopetoyou.com/kids) for more great resources



## PRAY CONTINUALLY. 1 THESSALONIANS 5:17

### PRAY:

- simple prayers
  - before bed, before school, before meals
  - in stressful situations
  - right when you hear news; bad/good
  - at certain times of the day
  - out loud
  - with your spouse
  - after a disagreement with your children
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### PRAY SCRIPTURE

Start with the Psalms and the Epistles: Psalm 121 & Ephesians 3



### USE A PRAYER JOURNAL

Write prayers out with your spouse and children



### SET A TIMER FOR PRAYER

Set a timer for a specific time of the day to pray for someone



### Prayer Resources:

- Prayer Prompt Cards (pick them up from Emily at the church)
- Children Can you Hear Me – Brad Jersak – listening prayers for kids
- Everything a Child should know about Prayer–Nancy Guthrie
- Remember & Proclaim, Scripture Songs for Little Ones – The Corner Room



## CHECK OUT OUR SUMMER WEEKLY PRAYER PROMPTS AS RESOURCES THIS SUMMER.

[HOPETOYOU.COM/KIDS](http://HOPETOYOU.COM/KIDS) OR  
"JHC KIDS" FACEBOOK GROUP

